

Thrive Parenting Group

For Parents with Children that have ADHD

We teach parents proven, science-based strategies to improve behavior and thrive with ADHD.



Clarity ADHD Program



Effective parenting is essential to the success of children with ADHD. However, difficult child behavior contributes to family stress and leaves parents looking for solutions that are lasting. Thrive Parenting integrates **behavioral, cognitive, and emotion-focused intervention components** that help parents and children with ADHD.

Starts February 6, 2023

Thrive Parenting is targeted toward parents who need help with children who have ADHD. This is a comprehensive group/workshop in a small group format. Each family will be interacting with a therapist throughout the program. **Our program is based on recommendations from the American Academy of Pediatrics and from programs that have empirically shown to help families and children with ADHD.**

Group/Workshop

- Small group format
- Group is over Zoom
- Private Facebook group
- Workbooks for each participant

For more information call 260-823-3100

www.clarityadhdand anxiety.com

Email: admin@claritycounselingfortwayne.com

Fast Facts for Families



Thrive Parenting Group
Clarity ADHD Program

Who's It For

- For parents and caregivers who have a child with ADHD under age 12.
- Families looking for a comprehensive approach to their child's ADHD

What You Will Learn

- Parents will learn ways to influence their child's behavior and how to reinforce behaviors effectively.
- How to handle difficult behaviors and meltdowns.
- How to connect with and build confidence in your child.
- Learn the difference between effective and ineffective discipline, and the best ways of responding to their child.
- How to set up the home environment so your child can thrive
- Communicate with schools and teachers to get their child's needs met.
- The program saves parents time and money by having a roadmap for their child and having tools and skills that last.

Dates & Details

- Mondays, 6:30 pm, 60-75 Minutes
- Begins February 6, 2023
- 12 Weeks
- Recordings of weekly content will be available



Cost & Payment

- \$65 per session. PHP, Signature Care, & Cigna Insurance
- Health Savings Accounts, and Superbill for out-of-network insurances will be provided. Checks and credit cards accepted.